

YMC Cochin Golden Mist 21st Annual Convention and Installation of Office Bearers 2026-27

Y's Men International Mid-West India Region Y's Men's Club of Cochin Golden Mist conducted 21st Annual Convention and New Office Bearers Installation headed by Ym K.S.Samson and his Team held on 26th April 2026 at Ym Samson's Tharavadu Kuthukattil House Palluruthy, Cochin-6. MWIR District -I District Governor Elect Ym Jelton K.A., Chief Guest, inaugurated the Convention and installed the Office Bearers Ym K.S.Samson and Team for the Y'sdom Year 2026-27. Ruling District Governor, Guest of Honor Ym Mary Das, was inducted 3 New Members to the Y'sdom fraternity.

Ym Mary Das DG and Ym Jelton K.A together officially launched the projects for the Y'sdom Year 2026-27.

MAJOR PROJECT: RENAL CARE AND DIALYSIS

Distribution of Dialysis Coupons

Distributed 10 Dialysis Coupons to a deserving beneficiary, **Mr. Harry Reynolds (53 years)**, a resident of Nazareth Kallukulam. He was formerly employed as a private bus driver and has been battling **chronic renal disease** for the past 27 years. His condition has severely affected his livelihood and overall quality of life.

Menettes Major Project: Y's Empower Her 2026

Y's Empower Her 2026 is a self-women empowerment initiative aimed at supporting a talented home-based tailor by providing cloth materials to enhance her work. She creates and sells dress materials within her local community, but despite her dedication and skills, she faces financial challenges due to her family's difficult economic situation.

This initiative is a continuation project, generously sponsored by **Yw Roshma Rajesh** for the current year, reflecting a sustained commitment to empowering women and supporting livelihoods.

With a project value of **₹25,000**, the initiative focuses on strengthening her income opportunities by enabling her to produce and sell more garments. It also fulfills the **Golden Mist Menettes Major Project for the year 2025–26**.

Go Green – Menettes Minor Project

As part of the *Go Green Initiative*, the Menettes carried out the distribution of saplings to promote environmental awareness and sustainability. This project encourages members and the community to contribute to a greener future by planting and nurturing trees, fostering a sense of responsibility towards nature.

This is a continuing project, and for this year it is generously sponsored by **Ym MHR Joseph Stanley**. A total of **150 saplings** were launched and distributed to all families, strengthening the commitment towards eco-friendly living and community participation.

Y's Menettes Clubs – Major Project

Palliative Care and Compassionate Support

The Major Project of the Y's Menettes Clubs is centered on palliative care and compassionate support, focusing on extending care, comfort, and emotional strength to patients and their families. As part of this initiative, members organized visits to palliative care centers and homes, offering humanitarian service with empathy and dignity.

Under this project, special support was extended to **Shymol M.S**, a 12-year-old girl who is bedridden and partially paralyzed. Her family, facing financial hardship, has been struggling to continue her treatment. In response, the club provided a **wheelchair** to support her mobility and independence, marking a meaningful step in improving her quality of life and offering hope to her family.

Y's Lings Major Project 2026–27

“Fitness in My Vision, Wellness is My Mission”

This major project is a dynamic, youth-driven initiative aimed at promoting physical fitness, health awareness, and social responsibility among students and the wider community. It reflects the strong commitment of our Lings to build a healthier and more socially conscious society.

As part of this initiative, the Y's Men's Club of Cochin Golden Mist extended support to the Government UP School, Palluruthy. Based on the recommendations of the school authorities, the project was aligned with the immediate needs of their Health Club.

Accordingly, the club distributed **25 yoga mats** to encourage regular yoga practice, enhance physical fitness, and support mental well-being among students. In addition, **notebooks** were also provided to assist in their academic activities, making this initiative a balanced contribution towards both health and education.